

Backpacking Checklist

Equipment List :

- _____ Backpack
- _____ Sleeping bag
- _____ Tent
- _____ Groundcloth
- _____ Hiking boots
- _____ Poncho or raingear
- _____ Pack cover or large garbage bag
- _____ Sweatshirt or jacket
- _____ Extra pants
- _____ Extra shirt
- _____ Extra pair of hiking socks
- _____ Extra pair of liner socks
- _____ Extra underwear
- _____ Personal items (toothbrush, soap, etc.)
- _____ First aid kit
- _____ Nylon cord (at least 10 feet)
- _____ Toilet paper
- _____ Small flashlight with new batteries
- _____ Stove
- _____ Stove fuel
- _____ Cooking pot
- _____ Eating utensils
- _____ Drinking cup
- _____ Paper towels
- _____ Small pocket knife
- _____ 2 to 3 water bottles (full)
- _____ Matches

Optional Equipment :

- _____ Sleeping pad
- _____ Pair of shorts
- _____ Candle light
- _____ Compass
- _____ Maps
- _____ Water purifier
- _____ Cap
- _____ Toboggan
- _____ Gloves

Other Items :

Food :

Saturday Breakfast : _____

Saturday Lunch : _____

Saturday Dinner : _____

Sunday Breakfast : _____

Snacks : _____
